



Fiber Advance Frequently Asked Questions From Consumers

Q. Where can we purchase Fiber Advance?

A. Fiber Advance can be purchased at all Wal-Mart stores.

Q. How many can we take?

A. We recommend 2 gummies per day for adults. People have difference tolerance to inulin. Minor gas or bloating may occur if you eat more than your tolerance. The RDA for fiber is 25g per day. Since you already have fiber in your diet, we recommend you to check with your health care professional if you want to eat more than 4 gummies per day.

Q. Can children take Fiber Advance?

A. Yes, you may start your kids at 1 gummy per day, and increase to 2 gummies if they tolerate fiber well.

Q. Can Santa Cruz Nutritionals make it in all one flavor?

A. No, our equipment makes 6 delicious flavors all at once.

Q. Do we have coupons?

A. No we do not have coupons.

Q. Can Fiber Advance be taken along with the 14 day flush?

A. There are many different diets, and we are not experts on them. Please discuss with your health care professionals.

Q. Do we have coupons for people on fixed income?

A. No we do not have coupons for people on fixed incomes.

Q. Do we have a web page that speaks about our product?

A. Yes

Q. Is Fiber Advance organic?

A. No, it's not organic certified. However, we only use ingredients from natural sources. There are no synthetics, artificial ingredients or preservatives in our product.



Q. What is chicory root?

A. *Chicory plant is native to Europe. It's in the same family as radicchio and Belgian endive. Chicory root has the history as a coffee substitute. It's still very popular in New Orleans. About 40 years ago, scientists found that chicory root contains significant amount of inulin, a dietary fiber and prebiotic. Since then it has been used as a popular source for soluble fiber in food and dietary supplement industries.*

Q. What is lo han fruit concentrate?

A. *Luo han guo is a type of fruit native to southern China. The fruit concentrate is known for its intense sweetness. It has been used as a natural sweetener in China for more than a thousand years. Our fiber gummy has no added sugar, so it needs some sweet boost to improve the flavors. We have tested different natural high intensity sweeteners, and found lo han fruit concentrate provides the best flavor and cleanest taste.*

Q. At what age can a child take Fiber Advance?

A. *Children at the age of 4 plus can take 1 Fiber Advance drop a day and increase to 2 gummies if they tolerate fiber well.*